

Informed Consent for Philips Zoom White speed Tooth Whitening Treatment

Description of the Procedure

Zoom in-office tooth whitening is a procedure designed to lighten the color of my teeth using a combination of hydrogen peroxide gel and a specially designed LED light. The zoom treatment involves using the gel and lamp in conjunction with each other to produce maximum whitening results in the shortest possible time. The Zoom lamp emits visible LED light and all materials used in the isolation process will block any exposure of soft tissue.

Alternative Treatment

I understand there are alternative treatments for whitening my teeth for which Dr. Chee can provide me additional information. These treatments include: Whitening Toothpastes/Gels, Take-Home Whitening kits, Porcelain Crowns, Veneers or composites.

Risks

I understand that:

- Results will vary or regress due to a variety of circumstances
- Zoom whitening treatments are not intended to lighten caps, crowns veneers or porcelain, composite or other restorative materials.
- Darkly stained yellow or yellow-brown teeth frequently achieve better results than people with gray or bluish-gray teeth.
- Teeth with multiple colorations or spots due to tetracycline use or fluorosis do not whiten as well, or may whiten unevenly
- Previous orthodontic treatment may cause teeth to whiten unevenly if any resin from the treatment was not properly removed
- Zoom treatment is not recommended for pregnant or lactating women.
- I understand that the results of my zoom treatment cannot be guaranteed.

I understand that some of the potential complications of this treatment include:

Tooth sensitivity/pain- During the first 24 hours after zoom patients can experience some sensitivity or pain. This is normal and usually mild, rare occasions it may last longer. Areas of existing sensitivity, recession, exposed dentin, untreated caries, cracked teeth, open cavities, or other dental conditions that cause sensitivity, you may find increase or prolong tooth sensitivity or pain after Zoom treatment.

Initial_____



Gum/Lip/Cheek Inflammation/Burn- Sometimes leakage may occur during the whitening procedure and cause or result in inflammation of gums, lips or cheek margins, or a chemical burn due to whitening gel coming in contact with soft tissue. This inflammation or burn is usually temporary and will subside in a few days, but may persist longer depending on the degree to which the soft tissues were exposed to the gel or LED light.

Cavities or Leaking Fillings- If any open cavities or fillings that are leaking and allowing gel to penetrate the tooth are present, significant pain could result. I understand that if my teeth have these conditions, I should have my cavities filled or my fillings redone before undergoing the Zoom treatment.

Cervical Abrasion/Erosion- These are conditions which affect the roots of the teeth when the gums recede and they are characterized by grooves, notches, that appear darker than the rest of the teeth. Even if these areas are not currently sensitive, they can allow the whitening gel to penetrate the teeth, causing sensitivity. These areas will be covered with dental dam prior to my Zoom treatment.

Relapse- After the Zoom treatment, it is natural for the teeth that underwent the Zoom treatment to regress somewhat in their shading after treatment. This is natural and should be very gradual, but it can be accelerated by exposing the teeth to various staining agents. I understand that the result of my Zoom treatment are not intended to be permanent, repeat or take-home treatment may be needed for me to maintain the tooth shade I desire for my teeth.

I discussed the above risks, benefits, and alternatives with the patient. The patient had an opportunity to have all questions answered and was given a copy of this information sheet.

Dentist Signature

Date

Patient Signature

Date

Patient's representative or
Parent signature

Date