



TMJ INFORMED CONSENT

Disorders of the Temporomandibular Joint can mimic other dental and medical problems. A proper diagnosis regarding head and neck pain is very important because serious medical problems such as vascular disorders, brain tumors, cervical disc disorders, etc. can produce symptoms similar to TMJ disorders. It is important to inform our office of any change in your health history form that was previously provided.

Length of treatment may vary according to the complexity of your condition. Although most conditions respond well to treatment, general health, stress, degree of tissue injury, posture, age, work habits, and bite relationship effect the outcome and total resolution may not always be possible. Estimated time for treatment for phase one can range between 3 to 12 months with the possibility of potentially taking longer. In general, the treatment plan will be more lengthy and complicated if the problems existed for a long time. With all treatment the success increases with cooperation from the patient in following the prescribed treatment plan and keeping strategically scheduled appointments. Failure to comply with instructions could delay the treatment time and affect the overall success.

As with any medical or dental treatment, unusual occurrences can and do happen. These possibilities could include minor tooth movement, loosened teeth or dental restorations, sore mouth, periodontal problems, muscle spasms, ear pain, and neck pain. Any of the above mentioned complications are rare, but theoretically may occur. Dr. Chee and his staff have explained to me the nature, purpose, benefits, and risks of, and alternatives to neuromuscular/cranio-mandibular orthopedic treatment.

Please be advised that your orthotic is to be considered a diagnostic-orthopedic appliance which is used to relax the musculature so a proper musculo-skeletal relationship can be maintained. This is not a permanent solution and will need to be replaced at some point.



I have been advised that my orthotic is only the first step to resolve my neuromuscular and TMD disorder and that this treatment is mostly irreversible after 1 month. After that, my options are as follows:

Future treatment options are:

I. Another semi-permanent Orthotic Appliance

Same treatment when the current orthotic needs replacement

II. Full Mouth Reconstruction

This includes full mouth permanent restorations like Crowns/Bridges/Implant work to permanently restore the teeth.

I. Orthodontics with the potential of permanent restorations.

I consent to the taking of photographs and x-rays before, during and after TMJ treatment, as they are a necessary part of the diagnostic procedure and record keeping. I further give permission for the use of these photographs, x-rays and records to be used for the purpose of research, education, publication in professional journals, on our website or for marketing purposes.

Please be advised that the fee for your orthotic is \$4500.00 total and this includes all adjustments till the fit is right. We will split up the charges in an attempt to gain some benefit from your insurance for you. We cannot guarantee that the insurance company will reimburse you for any treatment but we will try our best. If you lose your appliance there will be a \$2000 fee for replacement.

I certify that I have read or had read to me the contents of this form and do realize that risks and limitations are involved. I do consent to treatment by Dr. Spinner.

Patient Signature _____ Date ____/____/____

Witness Signature _____ Date ____/____/____